

Daily Disciplines for Success

Add these simple practices to your day to stay focused on your goals and attract more success into your life.

INTENTION & VISUALIZATION

As soon as you wake up, set your intention for what you want to accomplish that day and visualize your goals as already being fulfilled.
If you can see it, you can be it!

IMAGES OF SUCCESS

Cut out pictures that represent the experiences you want to have and put them somewhere you can see them every day as powerful reminders of your goals.

ACKNOWLEDGE EFFORTS

When something changes for the better, acknowledge it. The more you recognize that the Law of Attraction is working, the more impact it will have on your life.

POSITIVE THOUGHTS

Your feelings create your circumstances – so when you're feeling negative, shift your thoughts to ones that make you feel better and raise your vibration.

TAKE ACTION

There's no such thing as "the perfect time" to act – so just do it! The universe will respond by sending you opportunities that will bring you closer to your goals.

ATTITUDE OF GRATITUDE

Take time each day to focus on the things you are grateful for. The more you focus on your blessings, the more blessings you will attract into your life.



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